



Glenview Jr. Titans Fall Performance Camp

Elevate Your Game, Master the Field!

Whether you're looking to boost speed, enhance agility, increase your strength and power, our camp is tailored to mold young champions. Dive in, train hard, and let's turn those gridiron dreams into reality! 🏈🏆

The TSP Development Camp will focus on:

- Total Body Strength and Power
- Speed - Agility - Acceleration and Deceleration
- Football specific drills
- Joint Mobility and Stability
- Injury Potential Reduction
- Fun and competitive team building environment.

📅: **Fridays from Nov 17th, 2023 - Jan 19th, 2024**

***Nov 24th will be a combined group session from 4:30-5:30 for athletes' home for the holiday.**

🕒: **10-11 Year Old's - 4:30-5:30 PM**

12-14 Year Old's - 5:30-6:30 PM

💰: **\$225**

Unfortunately, we will not be able to accommodate every individual's schedule and hope that you can find time for this valuable training.

- Cancellations, refunds, will not be allowed. Please plan accordingly.
- Athletes need to be ON TIME and be consistent.

Please use the appropriate registration link to RSVP. A link will be emailed out shortly after to complete registration and payment. 25 spots will be available per age level.

[10-11 Year Old RSVP HERE](#)

[12-14 Year Old RSVP HERE](#)